

9/2013

Primary Health Care  
<http://www.bristol.ac.uk/primaryhealthcare>



## Teaching Newsletter

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### Dates for your diary — Teaching workshops 2013-14

We are aiming to hold our year specific teaching workshops earlier in the academic year and will be changing the timings over the next two years. This will mean that you can try out any new teaching ideas in the same academic year.

**7th November** Year 5  
**29th January** Year 2&3  
**18th March** Year 4  
**24th June** Summer Education Day



Flyers for the different workshops will be emailed nearer the time. We are currently booking for the Year 5 workshop. For your place, please email [phc-teaching@bristol.ac.uk](mailto:phc-teaching@bristol.ac.uk)  
All workshops will be held at the Engineers' House, Clifton, Bristol.

### From our admin team — Information for all years

Please note that we have redesigned our attendance and payment forms. If you still have old forms from previous years, please throw them out. Using old forms could delay payment as they may lack information or have an old address. Please do not use old forms.  
The new forms are in the GP teacher guidebooks and also on our website.

### How does the Medical School respond to feedback from its students?

The medical school has an ongoing dialogue with its students to further develop and improve medical studies at Bristol. Student feedback and requests and medical school responses and actions are published in the form of 'you said, we did'. You may have seen it in the newsletter. Please find the latest publication at:  
<http://www.bristol.ac.uk/medical-school/staffstudents/student/newsletter/whatyousaid2013.pdf>

### Medical school newsletter at

<http://www.bristol.ac.uk/medical-school/staffstudents/student/newsletter/>

### Academic mentor scheme

This is now in its third year and from this academic year onwards all medical students will have an academic mentor. If you are interested in joining the team of mentors please email [chris.cooper@bristol.ac.uk](mailto:chris.cooper@bristol.ac.uk)

### Thoughts from our first teaching workshop for Practice Nurses

This workshop was well attended. The delegates were already involved in a range of teaching including nursing students, medical students and GPs in training. Some had medical teaching qualifications. All expressed enthusiasm for developing their teaching roles. The following would help practice nurses to enhance their teaching:

- Timetable and information about the learner
- Time to get to know the student and his or her learning needs
- Time for teaching during surgery and debriefing, reflection and learning plan at the end.

Please go to page 2 to see Jessica Garner's Year 1 winning creative work



## 11 Minutes

Art work and reflection by 1st year student **Jessica Garner**



### Why I Chose this Medium

My picture is trying to highlight the struggle of someone who knows what they are doing is slowly killing them but, are unable to stop themselves. The handcuffs made of cigarette smoke represent how his children's addiction is physically trapping them and they are incapable of doing anything about it. The resuscitation mask is included because, Robert\* had to be attached to one of these for four hours to save his life. I imagine this would be a very poignant memory for all his family and that seeing him like this would be a reminder that they could end up like this too.

His expression and the way his hands are positioned is meant to show a mixture of several different emotions; fear, helplessness, remorse and regret. Also, I wanted him to be in a suit because the patient had a good job, comfortable lifestyle and even though initially he was unaware of the dangers of smoking, he spent many years smoking 60-80 cigarettes a day knowing that it was bad for him.

This artwork is from the point of view of a heavy smoker and shows their own emotions of trying to quit. I want the audience to realise that addiction isn't entirely the person's fault and hopefully the audience will be somewhat more understanding and empathetic towards an addicted person.

Also, I chose to title my art work "11 minutes" because that is the average length of time a cigarette takes off your life.

\*Robert is an anonymised name to protect patient confidentiality. He received a consent letter agreeing to have his story shared.